FOOD DRIVE
SUGGESTED DONATIONS

ISLAND HARVEST©
MEMBER OF FEEDING AMERICA
Nourishing Long Island's Future

Non-Perishable Goods:
Canned/Dried Beans
Peanut Butter or Other Nut Butters
Canned Fruit in Natural Juice (Not in syrup)
Canned Vegetables (Low-sodium)
Low-Sodium Soups
Canned Tuna/Chicken/Salmon
Brown Rice or Quinoa
Shelf Stable Milk and Milk Substitutes
Whole Grain Pasta
Low-Sodium Pasta Sauce/Tomatoes
Whole Grain, Low-Sugar Dry Cereal or Oatmeal
Olive or Canola Oil

Toiletries & Personal Hygiene:
Toothpaste/Toothbrush
Soaps/Body Washes
Deodorant
Shampoo/Conditioner
Disposable Razors/Shaving Cream
Menstrual Products

Baby Essentials:
Baby Formulas (Unopened/Not Expired)
Diapers
Baby Wash

Household & Pet Supplies:
Laundry Detergent
Cleaning Products
Toilet Paper/Paper Towels
Pet Food - Wet or Dry

Imagine the joy of a child who gets to eat a wholesome meal because of your generosity.

Together, we CAN make a real difference in our work to end food insecurity.

Scan code below to contribute!
Every $1 supports 2 meals

126 Spagnoli Road, Melville, NY 11747 | 631.873.4775 | 516.294.8528 | **www.islandharvest.org**
Melville | Uniondale | Calverton | Brentwood